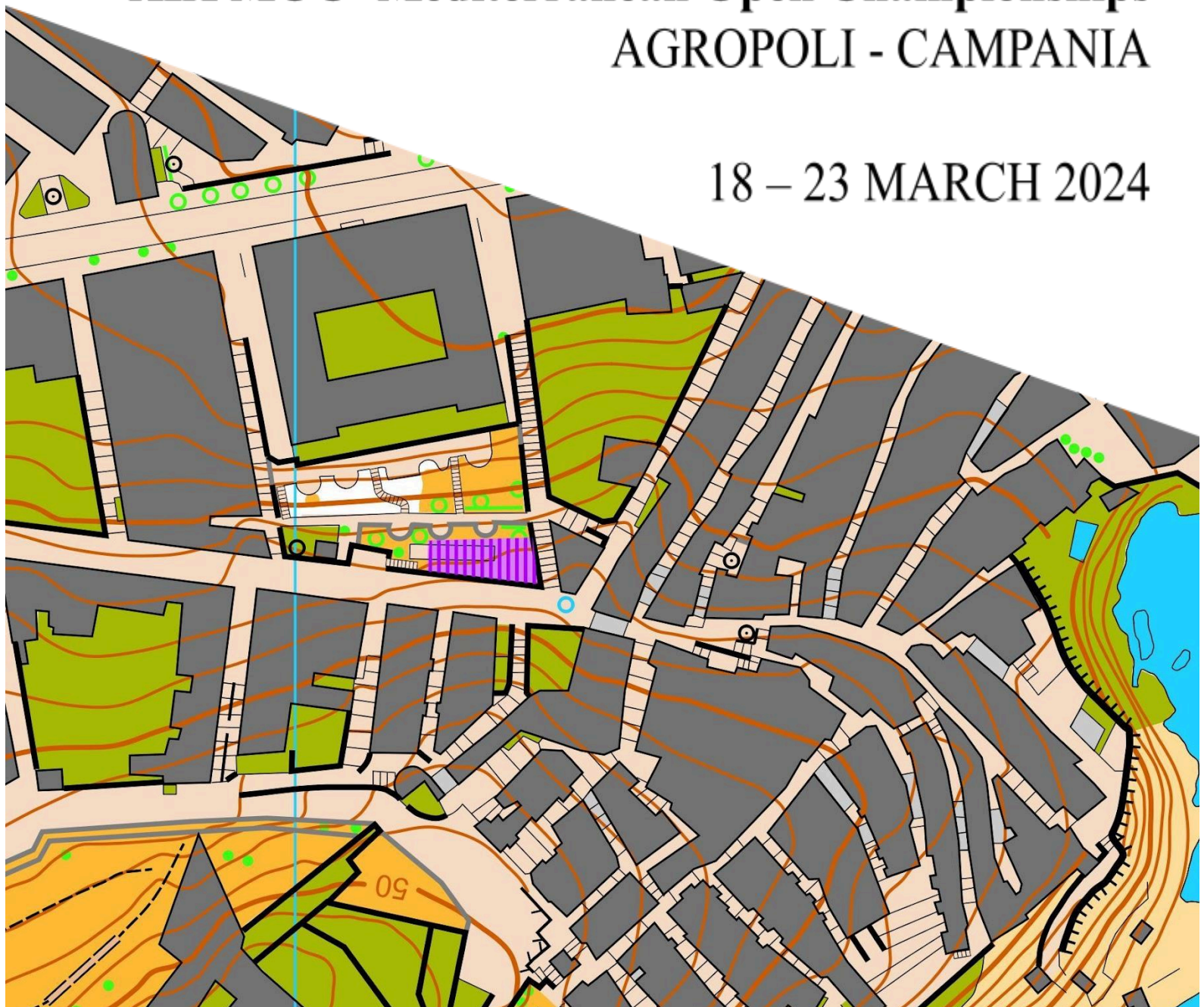


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XIX MOC -Mediterranean Open Championships AGROPOLI - CAMPANIA

18 – 23 MARCH 2024



BULLETIN 2

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MOC Championships & MOC Camp 2024

Welcome to MOC 2024 in Agropoli, Paestum, and Castellabate. Collectively the three locations are situated in Campania, a captivating region in southern Italy, rich in history, culture, and natural beauty. Agropoli, perched on the Tyrrhenian Sea, boasts a charming medieval center and a historic castle that offers breathtaking views of the coastline. Paestum, renowned for its well-preserved ancient Greek temples, transports visitors back in time to an era of architectural splendor. Meanwhile, Castellabate, a picturesque seaside town, captivates with its narrow cobblestone streets and panoramic vistas of the Mediterranean.

Organization

The event is organised by PWT Italy in cooperation with Agropoli Orienteering Klubb.

Event Manager: Gabriele Viale

Event local Coordination: Davide Pecora

Secretary: Mara Pegoretti (pwt@orienteering.it)

Courses: Janne Salmi & Emil Emil Wingstedt

Map update: Francesco Buselli

Time keeping: Francesco Danisi





PROGRAMME

Date	Time	Activity	Location
18th March	morning		
	afternoon	Easy speed	Paestum*
19th March	morning	Easy speed training	Agropoli
	afternoon	Sprint intervals	Trentinara
	evening	Analysis seminar	Hotel Cerere
20th March	morning	KO Qualification	Castelcivita
	afternoon	KO heats	Roccadaspide
	evening	Analysis seminar	Hotel Cerere
21st March	morning	Paid route choices	Eboli
	afternoon	Sprint Relay	Eboli
22nd March	morning	Control pickup sprint	Trentinara
	afternoon	MOC Champs - STAGE 1	Santa Maria di Castellabate
23rd March	morning	MOC Champs - STAGE 2	Castellabate
	afternoon	Easy run	Paestum*
	evening	MOC Party	Hotel Cerere
23rd March	morning	Easy run	Paestum*

Paestum* = the training can be run in 3 different times (according to athletes' individual plans).
Tapes on controls only on Sat & Sun.

Venues and Event Centers

The Event Center is at Hotel Cerere
Address: Via Laura Mare, 15 - 84047 Paestum (Sa)

Opening hours

The Event Center opens on the 18th March at 10:00
During the events the Event Center will be the race office at the competition arena.

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How to reach MOC 2024

The races will be organised between Napoli and Matera.

The closes airport is Napoli Airport. Also Rome Airport is a good option.

From both airport is possible to rent a car. Organised transfers and transportation will be organised upon request.

Prices for winners

Domina Travel creates unique travel experiences and is the official partner of XIX MOC 2024. Thanks to the partnership with PWT Italia, Domina will award 6 vouchers for the top 3 Men and Women Elite at MOC Mediterraneo Open Championships Orienteering.

The logo for Domina features a large, stylized 'D' above the word 'DOMINA' in a serif font.

Price for the winners of Men and Women Elite at XIX MOC2024: one week full board at Domina Coral Bay resort in Sharm el Sheikh.

Second and Third classified Men and Women Elite at XIX MOC2024: one week full board at Domina Zagarella resort in Sicily.

Info

pwt@orienteering.it

